

# ENJOY AN INTERACTIVE DEMENTIA FRIENDLY DAY

Supporting the lives of those touched by Dementia



**GENTLE FLEXERCISE MOVEMENT**



**LIFE STORY CORNER**



**VALIDATION TECHNIQUES EXPLAINED**

We invite you to our launch day

**Saturday 14 September**

**11.00am to 4.30pm**

Pop in or stay the day!



**THERAPEUTIC MASSAGE**



**HEALTHY EATING TALKS WITH TASTERS**

Held in the beautiful grounds of

**Penny Brohn UK**

**The Garden Room Wing**

**Chapel Hill**

**Pill, BS20 0HH**



**ARTS & CRAFTS**



**REFRESHMENTS & LIGHT BITES IN A RELAXED SETTING**



**NATURE WALKS & ANIMAL INTERACTION**



**SUPPORT ON HANDY TIPS AND EQUIPMENT**



**ALL CHILDREN & ALL AGE GROUPS WELCOME**

Donations on the day will enable us to run future events.

For further information and reserve your place, contact:

✉ [info@kubiakdementiafoundation.co.uk](mailto:info@kubiakdementiafoundation.co.uk) ☎ 01275 876688

[WWW.KUBIAKDEMENTIAFOUNDATION.CO.UK](http://WWW.KUBIAKDEMENTIAFOUNDATION.CO.UK)